

## Junior Units Suggested Skills and Techniques to Learn

Use this chart to map out your progress. As you complete a project, check the skills used for each project.

NAME:							
Technique/skill	Junior Units						
	Let's Learn to Sew	Let's Get to the Bottom	Top It Off	Stretch Your Knit Skills	Put It All Together		
Selection of fabric	•	•	<u> </u>	•			
Firmly woven							
Stable knit							
Moderate stretch knit							
Specialty knit, i.e., fleece or two- way stretch							
Stretch woven							
Plaid/matched design							
Sewing machine parts and use							
Serger parts and use							
Seams and seam finishes	•	•		•	•		
Plain seam with zigzag edge finish							
Plain seam with serged edge finish							
Serged seam							
Double-stitched finish							
Other: specify							
Fasteners							
Hook and eye							
Snap							
Buttons and buttonholes							
Zippers							
Centered							
Lapped							
Fly							
Invisible							

Separating

Technique/skill		Junior Units						
	Let's Learn to Sew	Let's Get to the Bottom	Top It Off	Stretch Your Knit Skills	Put It All Together			
Facings		,	<u> </u>					
Interfacing								
Understitching								
Grading								
Clipping/notching								
Casing								
Waistband								
Waistline stay								
Darts								
Enclosed seams								
Grading/layer								
Sleeves	•			•				
Set-in shirt								
Regulation set-in								
Raglan								
Collar								
Simple lining								
Topstitching								
Hems	•			•				
Machine stitched								
Hand stitched								
Elasticized edges								
Rib knit trim	•	-		-				
Neckline								
Cuffs								
Hem								
Plackets		· ·						
Sleeve								
Neckline								
Pockets		· ·						
Inseam								
Patch								
Trims								
Rotary Cutting								
Other—List below:								

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